

**WEEK  
3**

W/C: 14/11 05/12 16/01 06/02 27/02 20/03

**Chartwells**  
So much more than Fantastic Food

# THREE WEEK MENU

**AUTUMN/WINTER 2022**

**£2.34**

**OUR NEW MENU  
CHOSEN BY  
PARENTS AND  
CHILDREN**

**YOUR  
FAVOURITES  
AVAILABLE  
EVERY DAY**



**HOT  
SPECIALS...**

**DAILY  
FAVES...**

**SIDES...**

**PICK A  
PUD!**

**MONDAY**

**Pesto Pasta Bake**   
Served with Peas and Carrots

**Cheese and Tomato  
Pizza**   
Served with Potato Wedges

**Packed Lunch**  
See below for details  
**Jacket Potatoes**   
with a choice of hot and cold fillings  
**Tomato Pasta**   
Fresh, homemade tomato and basil sauce with penne pasta

**Peas and Carrots**

**Strawberry Ice Cream**

**TUESDAY**

**Chicken Korma**  
Served with Wholemeal Rice

**West African  
Vegetable Rice**   
Served with Broccoli and Sweetcorn

**Packed Lunch**  
See below for details  
**Jacket Potatoes**   
with a choice of hot and cold fillings  
**Tomato Pasta**   
Fresh, homemade tomato and basil sauce with penne pasta

**Broccoli and Sweetcorn**

**Fruity Flapjack Bar**

**WEDNESDAY**

**Roast Gammon**  
Served with Roast Potatoes and Gravy

**Vegetable Pastry Roll**   
Served with Roast Potatoes and Gravy

**Packed Lunch**  
See below for details  
**Jacket Potatoes**   
with a choice of hot and cold fillings  
**Tomato Pasta**   
Fresh, homemade tomato and basil sauce with penne pasta

**Carrots and Cabbage**

**Fruit Jelly and Custard**

**THURSDAY**

**Cottage Pie**   
Served with Sweetcorn and Green Beans

**Vegetarian Cottage Pie**   
Served with Sweetcorn and Green Beans with Gravy

**Packed Lunch**  
See below for details  
**Jacket Potatoes**   
with a choice of hot and cold fillings  
**Tomato Pasta**   
Fresh, homemade tomato and basil sauce with penne pasta

**Sweetcorn and Green Beans**

**Chocolate Milkshake served with Chocolate Biscuit**

**FRIDAY**

**Southern Fried Chicken**  
Served with Chips, Peas and Baked Beans

**Vegan Meatballs in Tomato Sauce**   
Served with Chips, Peas and Baked Beans

**Packed Lunch**  
See below for details  
**Jacket Potatoes**   
with a choice of hot and cold fillings  
**Tomato Pasta**   
Fresh, homemade tomato and basil sauce with penne pasta

**Peas and Beans**

**Chocolate Slice**

**PACKED LUNCH - AVAILABLE DAILY**

**HAM AND CHEESE**

**WITH VEG STICKS AND FRESH FRUIT OR DESSERT OF THE DAY**

# WEEK 1

W/C: 31/10 21/11 12/12 02/01 23/01 06/03  
27/03

# WEEK 2

W/C: 07/11 28/11 09/01 30/01 20/02 13/03

## HOT SPECIALS...

## DAILY FAVES...

## SIDES...

## PICK A PUD!

MONDAY

**Macaroni Cheese**   
Served with Peas and Carrots

**Vegetarian Sausage**   
Served with Mashed Potato and Gravy

**Packed Lunch**  
See below for details  
**Jacket Potatoes**   
with a choice of hot and cold fillings  
**Tomato Pasta**   
Fresh, homemade tomato and basil sauce with penne pasta

**Carrots and Peas**

**Vanilla Ice Cream**

TUESDAY

**Chicken Pie**  
Served with Mash Potato and Gravy

**Cheese and Tomato Pizza**   
Served with Sweetcorn and Salad

**Packed Lunch**  
See below for details  
**Jacket Potatoes**   
with a choice of hot and cold fillings, including Salmon Mayonnaise   
**Tomato Pasta**   
Fresh, homemade tomato and basil sauce with penne pasta



**Sweetcorn and Fresh Salad**

**Hot Chocolate Sponge served with Chocolate Custard**

WEDNESDAY

**Roast Turkey**  
Served with Roast Potatoes, Cabbage, Carrots and Gravy

**Vegan Sausage Casserole**   
Served with Carrots and Cabbage

**Packed Lunch**  
See below for details  
**Jacket Potatoes**   
with a choice of hot and cold fillings  
**Tomato Pasta**   
Fresh, homemade tomato and basil sauce with penne pasta

**Carrots and Cabbage**

**Oat Cookie served with Fruit Slices** 

THURSDAY

**Beef Bolognese**   
Served with Wholemeal Pasta, Broccoli and Sweetcorn

**Chinese Vegetable Rice**   
Served with Broccoli and Sweetcorn

**Packed Lunch**  
See below for details  
**Jacket Potatoes**   
with a choice of hot and cold fillings  
**Tomato Pasta**   
Fresh, homemade tomato and basil sauce with penne pasta


**Broccoli and Sweetcorn**

**Vanilla Ice Cream Milkshake served with Shortbread**

FRIDAY

**Breaded Fish**  
Served with Chips, Baked Beans and Peas


**Quorn Dippers**   
Served with Chips, Baked Beans and Peas

**Packed Lunch**  
See below for details  
**Jacket Potatoes**   
with a choice of hot and cold fillings  
**Tomato Pasta**   
Fresh, homemade tomato and basil sauce with penne pasta

**Peas and Beans**

**Pineapple Upside Down Cake**

MONDAY

**Cheese and Tomato Pizza**   
Served with Carrot and Cucumber Sticks

**Mixed Bean Pasta**   
Served with Stromboli Pizza Wedge

**Packed Lunch**  
See below for details  
**Jacket Potatoes**   
with a choice of hot and cold fillings  
**Tomato Pasta**   
Fresh, homemade tomato and basil sauce with penne pasta

**Green Beans and Sweetcorn**

**Jam Sponge**

TUESDAY

**Pork Sausages**  
Served with Mashed Potato, Peas, Broccoli and Gravy

**Sweet Chilli Vegetable Noodles**   
Served with Peas and Broccoli

**Packed Lunch**  
See below for details  
**Jacket Potatoes**   
with a choice of hot and cold fillings  
**Tomato Pasta**   
Fresh, homemade tomato and basil sauce with penne pasta

**Peas and Broccoli**

**Orange Shortbread** 

WEDNESDAY

**Roast Chicken**  
Served with Mashed Potato, Cabbage, Carrots, Yorkshire Pudding and Gravy

**Vegetable Pie**   
Served with Mash and Gravy

**Packed Lunch**  
See below for details  
**Jacket Potatoes**   
with a choice of hot and cold fillings  
**Tomato Pasta**   
Fresh, homemade tomato and basil sauce with penne pasta

**Carrots and Cabbage**

**Chocolate Ice Cream**

THURSDAY

**Beef Keema Curry**   
Served with Wholegrain Rice

**Vegetable Lasagne**   
Served with Garlic and Herb Bread Wedge

**Packed Lunch**  
See below for details  
**Jacket Potatoes**   
with a choice of hot and cold fillings  
**Tomato Pasta**   
Fresh, homemade tomato and basil sauce with penne pasta

**Sweetcorn and Green Beans**

**Strawberry Milkshake with Fresh Fruit** 

FRIDAY

**Breaded Fish**  
Served with Chips, Peas and Baked Beans

**Quorn Dippers**   
Served with Chips, Peas and Baked Beans

**Packed Lunch**  
See below for details  
**Jacket Potatoes**   
with a choice of hot and cold fillings  
**Tomato Pasta**   
Fresh, homemade tomato and basil sauce with penne pasta

**Peas and Beans**

**Chocolate Shortbread**

### PACKED LUNCH - AVAILABLE DAILY

HAM AND CHEESE  
WITH VEG STICKS AND FRESH FRUIT OR DESSERT OF THE DAY

### AVAILABLE EVERY DAY

WATER, SALAD, FRESHLY BAKED BREAD,  
YOGHURT & FRESH FRUIT

 Vegetarian  Oily Fish  Wholegrain  Fruity!  Nutritionist's Choice  Halal Available