

# 'My Future Self' Skills Progression' Road Map

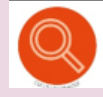


Grow throughout life
 Explore possibilities
 Manage career
 Create opportunities
 Balance life and work
 See the big picture

## EYFS



Feeling positive about who they are



Describing tasks that they have carried out.



Imagining different possibilities about who they could possibly become

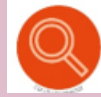


Developing the ability to participate in social play involving imagined workplaces.

## Year 1



Being confident to request help



Exploring what people do whose jobs involve caring for children and keeping them safe



Looking forward to what they are learning next.



Choosing what they want to achieve and the way they go about it.



Recognising how they can help keep themselves

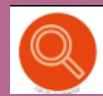


Being aware that working life was different in the past. Exploring how working life is changing for people now.

## Year 3



Relating to people whose identities and backgrounds are different to theirs.



Being able to explain what interests them about particular jobs.



Recognising their achievement when they have learnt something new even when they found it difficult initially.



Identifying possible new jobs that might be needed in the future



Being aware of what volunteers do and how they can become a volunteer— link to charities

## Year 2



Recognising successes in their learning



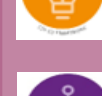
Feeling positive about people whose identities and backgrounds are different from themselves.



Being aware that jobs are made up of tasks. Being able to give examples of different jobs



Being proactive about trying different approaches to solving challenges.



Thinking about questions they would like to ask visitors about their job. E.g Cornish metals visit Mark the miner.

## Year 4



Being willing to take on challenges that help them grow.



Being able to explain what tasks they would like and like least about particular jobs



Making a step by step plan to enable them to achieve something they would like to be able to do



Exploring how people relate to each other in work settings (Eden Project—sandwich design)



Being aware of what charities do and how they can become a charity worker.

## Year 5



Being able to explain how they acted on help.



Recognise that the subjects and topics they take further can lead to qualifications and making progress in their careers.



Being aware that back up plans can help overcome the disappointment or bring a different reward if their main plan does not work out.



Reflecting on what they have achieved and what they would do differently or better next time.

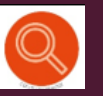


Recognising what they can do to keep themselves and oth-



Being aware of the trends that hint at how working life may change for them by the time they embark on their careers.

## KS3



## Year 6



Recognising what they want to learn next and when they are successful.



Finding out about the qualities and skills needed to do a job



Being able to weigh up the pros and cons of a choice they are thinking of making.



Being able to take on work related roles in group play or teamwork, including as leader when required.